



Minutes of the AGM held on 13th July 2015

Venue: 18 West End Ave, Pinner, HA5 1BJ

Time: 12.00 pm to 1.30pm

Present: Dr Indira Anand (IA), Roopesh Sakaria (RS), Neelam Kohli (NK), Romany Rix (RR), Sudesh Sharma (SS), Linda Thompson (LT)

Chairperson: Dr Indira Anand.

Minutes: Roopesh Sakaria

Apologies: Gloria Sinclair, Dr Anoop Kaur ?

Prayer

Chairperson's Report 1st July 2014 - 13th July 2015:

Key developments in 2014-15:

IA updated on :

- i) Various segments of meetings' had with the HMPWG set up by DoH to consider recommendations' from the group - with the majority in favour of Regulating the Profession. However, yet again - at the expense of the Ayurvedic, and, Herbalist Associations' & Manufacturers' wasted time & collaborative efforts' in maintaining & providing appropriate feedback to the panel - only for the MHRA to later inform of their decision to announce the voluntary-regulation of the herbal sector despite the Government's initial agreement & plan to statutorily regulate the profession by 2011-2014. Once again this has proven to be a big disappointment and major setback to the broader Herbal Medicine sector
 - ii) IA's speech at WAC New Delhi regarding AYUSH's lack of follow-up support to help propagate Ayurveda. Many Gujarat & Karnataka representatives from the Ayurvedic Community concurred as confirmed by RS. However, IA was encouraged verbally by the support of Conference Secretary Dr Geetha Krishnan of MEDANTA
 - iii) **Community service:** On 5th June 2015, IA gave a presentation on Ayurveda at the Jaspar Centre Harrow. It was decided to cancel BAAAP's fourth participation at Madhavananda Yoga Ashram this year
 - iv) **Courses :** Arrangements' to be made for the planning & development of a short, practical, self help course for the lay public, including course content, fees, teaching structure and venue hire.
 - v) Still awaiting feedback from Luke McDonald on his offer of doing market research re potential interest, suitable venue and viability of course fees in Central London.
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- vi) **CPDs:** Owing to special circumstances no CPD workshops could be arranged in 2014-15. To avoid this happening in the future, it was decided to create a system of 'back-up' support to facilitate the smooth running of the system
- vii) **Meetings:** Executive Committee meetings on 10th October, 2014 and 23rd April, 2015 focused on sorting out the website and development of short Ayurveda courses. On 11th May 2015 there was a sub-committee meeting specifically to discuss the development of the short course
- viii) **Bank balance:** IA to confirm up to date accounts and figures.
- ix) **Planning for this year :**
 - to develop and offer a short self help course for the lay public; determine course fee and other possible venue hire for teaching.
 - Emphasis placed on bringing website up to date and shifting basic control of website back to BAAAP to enable the EC to implement ongoing updates.
 - Discuss the possibility of LT and also other lay members to join the EC

Special thanks given to RS, and all the office bearers

Points presented by the **General Secretary** (other than those already mentioned) :

Between 2014-15 BAAAP had :

- . 2 community events
- . 2 workshops
- . 3 meetings [2 EC; 1 strategy meeting to discuss development of Short Courses]
- . 2 new members and 1 returning member

Reported on the following highlights and requirements for updates' :

- . BAAAP's conclusion to the APA proposal for approving a non-standardised list of herbs for study as part of the UK *Ayurveda Materia Medica* (August - September 2014)
- . AK & RS's dinner meeting with Darshana followed by the KPI event (September - October 2014)
- . Research Conclave attended at the 6th World Ayurveda Congress (November 6th-10th 2014)
- . Introduced the work of BAAAP at the Women Cancer Support Group (June 2015)
- . **Website :** Emphasis on the urgent requirement immediate implementation of amendment's pending from May and September 2014, before we can progress on to creating additional web links and other marketing & promotion opportunities.



- . RR to give the present host 1 week for implementing the updates' before considering other alternatives.
- . Membership fees to be kept at £80 as suggested by EC. Payments to be requested by online transfer only. Otherwise cheques to be paid in advance and sent directly by members' to NK.
- . Honourable thanks & apologies

Treasurer's Report:

Owing to her personal circumstances, NK was unable to provide an up-to-date financial statement. IA to check balances and inform the EC.

The following Executive Committee members were appointed / reappointed:

Dr Indira Anand as Chairperson

Dr Anoop Kaur as Vice-Chair

Mrs Linda Thompson as Joint Secretary

Mrs Neelam Kohli as Treasurer

Mrs Sudesh Sharma as the Chair Education Committee

Mrs Gloria Sinclair as the Chair of the Patients Committee

Mrs Romany Rix as Vice-Chair of Patients Committee

Awaiting Luke McDonald's confirmation to his role on Regulatory Committee.

To ask Dr MJ to take up a role on the Medicines Advisory Board

Special resolutions voted upon and passed:

1. Accept Roopesh Sakaria's advance notice of resignation to the post of General Secretary
2. Agreement by RS to work with LT for the next year to facilitate a smooth transition.

The meeting closed at 1:15 pm and was followed by lunch at Sarvana Bhawan in Alexandra Avenue, Rayners Lane.

The date of the next meeting was not confirmed